

Report

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familiar

Family Action  
Association



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*Family Action  
Association*

**Acción Familiar©**

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Published by:

Government of Spain.  
The Ministry of Health, Consumer Affairs and Social Welfare.



\* In order to speed up reading, the terms masculine and feminine will not be used to refer to child; grandfather/grandmother; son/daughter, etc., but instead generic terms will be used (children, grandparents, children, etc.).

*This English translation has been possible thanks to the **PerMondo project**: Free translation of website and documents for non-profit organisations. A project managed by Mondo Agit.  
Translator: Daniel McLeod. Proofreader : Claire Rhoades-Brown.*

# Letter from the President

The role of the family in society is irreplaceable and at the Family Action Foundation, we have been defending its work for 40 years, as a reference and basis for the progress and development of society.

Education and training of people are essential pillars of development and therefore from our Research and Studies Unit, we continue working to analyse the current socio-economic situation of the family and the challenges and problems it faces. We wish to continue providing truthful and thorough information that contributes to placing value on the role of the family.

We also offer direct help to parents, teachers, children and teenagers, making the necessary tools for training available to them. In 2018, we helped almost ten thousand people with our Training Programmes. Our volunteers have carried out tasks such as extra support classes with children and have provided accompaniment to elderly people who feel lonely.

Our Family Care Unit continues to provide free psychological and legal care, to individuals and groups. We have qualified professionals looking after anyone who requests support, especially those who are in a vulnerable situation.

I would like to thank all the entities that support us in order to achieve our objectives, and I would also like to thank everyone who has made donations generously and selflessly in order to make this project possible.

In the future, our team will continue to work with dedication and enthusiasm to ensure that our help reaches more and more people. Thanks to your trust and support, we are sure that we will be able to continue with our work and provide support to the families who need it.

Patricia Tena Gutierrez

President

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# Who are we?

## EXECUTIVE COMMITTEE

Honorary President	Rosario de Gortázar e Ybarra
President	Patricia Tena Gutiérrez
Treasurer	Isabel Oraá Gortázar
Secretary	José María Llorente Gozalo
Members	Javier Carvajal García-Valdecasas Pablo Díaz de Rábago Mazón Javier García de Fuentes de Churruca Ignacio Gil de Antuña Vizcaíno Iván Muñoz López de Carrizosa Lucas Oriol López-Montenegro José Luis Rodríguez Jiménez Teresa Sáenz-Díez Rojas

## TECHNICAL TEAM

<b>Management</b>	Área García Muñoz
<b>Research and Studies Unit</b>	María Teresa López López Viviana González Hincapié
<b>Institutional Relations and Volunteering</b>	Isabel de la Rica Ojinaga
<b>Training and Programmes</b>	Sonia Cuenca de la Casa Ana Villota Quibén Eusebio Martínez Díaz (Murcia)
<b>Family Care Unit</b>	Carmen Bustillo Fernández
<b>Administration</b>	Nuria Lanuza Esparcia

# What is the Family Action Foundation?

The Family Action Foundation is a non-profit organisation that is run by and has been working with families since 1978.

The aim of the Family Action Foundation is to promote the recognition and appreciation of the role of the family in society, as well as defend the interests of each of its members.

We work in favour of the family by using two complementary strategies: direct action (with training activities, guidance in the Family Care Unit and our volunteers) and research and study.

We maintain a commitment to the dignity of the person and support families without discrimination.

The Family Action Foundation adopts the legal form of a non-profit organisation and its Public Utility was recognised in 1982. Since 2004, the Family Action Foundation has held the Special Consultative Status to the United Nations Economic and Social Council (ECOSOC).

## Mission:

To help, take care of and strengthen the family, as well as promote the protection of childhood, both those who live within the family and those who do not have a family or are forced to live outside of their family environment.

## Vision:

To be a point of reference in the area of providing services for families and children, as well as in the area of research and study of topics related to the family for political leaders, social agents and entities, the media, and for families themselves, through rigour, excellence, solidarity and the quality of work that the Family Action Foundation carries out.

## Values:

Dignity of the person.

Commitment and solidarity.

Non-discrimination (Inclusion).

Coherence.

Professionalism.

Rigour and efficiency.

Transparency, quality and ethics.

Confidentiality.

Cooperation.

# What we do?

## I. Family Research and Studies

Applied research in family and childhood, and the transfer of knowledge to society and public institutions.

## II. Family Care Unit

Free psychological and legal counselling and support for all members of the family.

## III. Training and Programmes

Development of training programmes and continuity programmes aimed at parents, teachers, professionals, children and teenagers.

## IV. Volunteering

Support to people in vulnerable and social exclusion situations, according to their specific needs.

# Impact 2018

11,306 direct beneficiaries of our actions

Family  
Research and  
Studies



**2 publications**

**1 technical assistance project**

**11 conferences and seminars**

**10 articles and media interviews**

Family Care  
Unit



**982**

people have directly received  
**free psychological and legal care and support**

**9,973**

parents, children and teenagers have been **trained in our workshops.**

**108 workshops**

**15 trained instructors**

Training and  
Programmes



Volunteering



**250**

**children and adults** accompanied by our volunteers

**86 volunteers** have **carried out tasks of school support and support of people at risk of social exclusion**

## Our Aim

To provide society and policy-makers with knowledge about the family and childhood in order to enrich the social debate and facilitate the development of public policies.

## How do we do it?

Interdisciplinary **applied research projects**, from a family perspective

**Transfer of Knowledge:** technical assistance to public bodies and other entities, participation in conferences, forums and seminars, and presence in the media.

## I. Family Research and Studies Unit

The Research Unit works closely with the Family Policy Research Group at the Complutense University of Madrid and with researchers from other universities, such as the Comillas Pontifical University.



Speech by María Teresa López, Director of the Research and Studies Unit, at the IESE Business School, Barcelona. 14<sup>th</sup> June 2018.



Presentation of the study "Las familias en España". Co-authors and Directorate-General of Family of the Community of Madrid. 24<sup>th</sup> September 2018

2

publications

1

technical assistance  
project

11

conferences and  
participation in forums  
and seminars

10

articles and interviews  
in the media

## I. Family Research and Studies Unit

### Publications



Is there a "penalty" for maternity: Women and the labour market in Spain from a family perspective. Co-financed in concurrent competition by the Ministry of Health, Consumer Affairs and Social Welfare ([See more](#))

**Families in Spain.  
Analysis of their social  
and economic reality in  
recent decades (1975-  
2017).**

*In collaboration with the  
Complutense University of  
Madrid. ([See more](#))*



### Proyecto de asistencia técnica

“Analysis of the Situation of Families in the Community of Madrid 2017.” Report prepared by the Family Action Foundation Research Team.

*Department of Social Policies and Family.  
Community of Madrid. Las Alhajas Palace,  
Madrid, 12th March ([See more](#)).*

### Conferences, presentations and participation in forums and seminars

- **"The demographic challenge from the family perspective: a matter of state."** Fundación Tatiana Pérez de Guzmán. Madrid, 26th January.
- **Working Table "Economic policies applied to the Family."** Network of Municipalities for the Family and the City of Coslada, Madrid, 1st March.
- **"Demographic ageing: a problem or an opportunity?" Conferences on Human Ecology,** Fundación Tatiana Pérez de Guzmán. Madrid, 1st March.
- **"Issues in the current public debate about family, women and work."** Conference on Women, Family and Work, organised by iFamilias. Madrid, 11 April.
- **Speech from the panel "Allies or enemies? "The public policy response."** Conferences on Business, Family and Society organised by the International Centre for Work and Family (ICWF, IESE) and the European Large Families Confederation (ELFAC). Barcelona, 14th June.
- **Thinking about gender seminar.** Seminar for psychologists and students, Asociación Suseia, Universidad Complutense de Madrid. Madrid, 23rd June.
- **Are children part of young people's life project?** Conferences on Birth, Plataforma per la Família Catalunya-ONU. Barcelona, 10th October.
- **"Asturias in the face of the demographic challenge: analysis from a family perspective."** Asturias Business Forum. Oviedo, 17th October.
- **Presentation of the book "Families in Spain. Analysis of their social and economic reality in recent decades (1975-2017)."** Tatiana Pérez de Guzmán Foundation. Madrid, 24th October.
- **Masterclass "Families in Spain. Analysis of their social and economic reality in recent decades (1975-2017)."** International University of La Rioja (UNIR). Madrid, 6th November.
- **"Maternity, paternity and work."** Conference on Reconciliation and Co-responsibility, Universidad Pontificia de Comillas. Madrid, 7th November.

### Media Impact

- "Woman and mother: double inequality." *La Tercera, ABC*. 7<sup>th</sup> March ([See more](#))
- "Marriage is still the way for couples to live together." *ABC Family*. 24<sup>th</sup> October ([See more](#))
- "There is a tendency to live together, have children and then get married." *ABC Family*. 24<sup>th</sup> October ([See more](#))
- "The number of households is increasing, but they have fewer members." *ABC Family*. 24<sup>th</sup> October ([See more](#))
- "Protecting maternity: a challenge for equality policies." *ABC digital*. 8<sup>th</sup> December ([See more](#))
- "Having children, a private decision with public consequences". *iFamilias*, 11<sup>th</sup> December ([See more](#))

Participation of the research team:

- "Currently" radio programme, on station Cadena SER. 12<sup>th</sup> March ([See more](#))
- "It matters to us: Living longer than 100 years" TV programme, Antena 3. 10<sup>th</sup> September ([See more](#))
- "The Evening" TV programme. COPE. 29<sup>th</sup> November ([See more](#))
- Having a family magazine. Issue No. 297 November 2018



Presentation of the study "Families in Spain". Madrid, 24<sup>th</sup> September 2018.

## II. Family Care Unit

### Our Aim

Support people and families who need **to learn to develop basic skills and manage extreme situations** (emotional disturbances, addictions, unemployment, immigration, significant losses, family breakdowns, violence, failing at school, work and socially).

### How do we do it?

**Offering free personal, family and/or group intervention sessions with qualified professionals** in different areas (psychological, educational, work, relational and/or legal); in person, by telephone, video call or email for anyone who requests it.

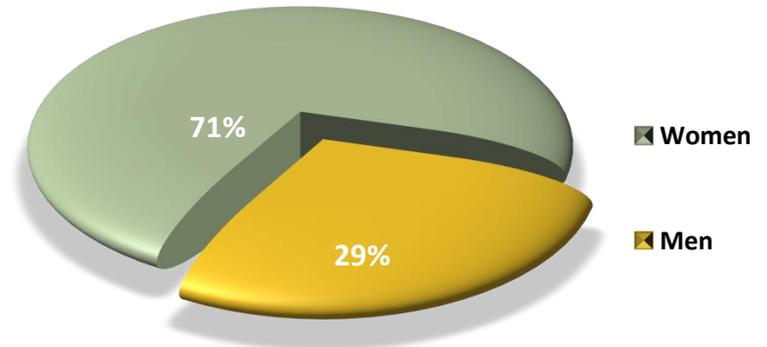
The **Family Care Unit** in collaboration with other entities works **to create support networks** that strengthens individuals and families, especially those at risk of social exclusion.



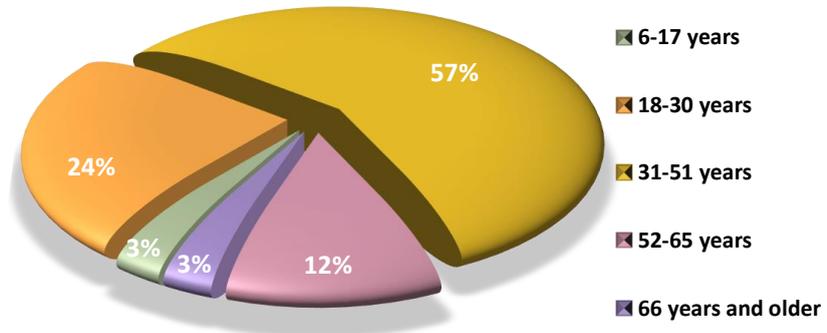
Profile of people cared for:

Percentage of people cared for

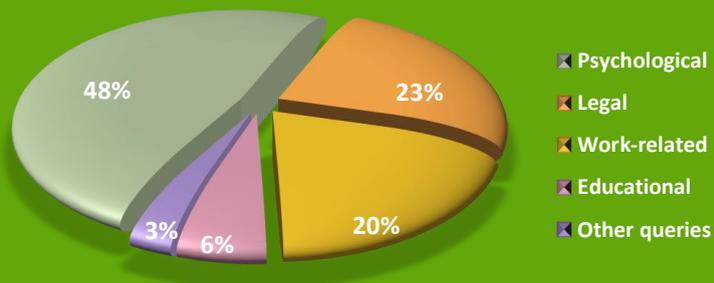
**982**  
people have received  
free psychological and  
legal support in our  
Family Care Unit.



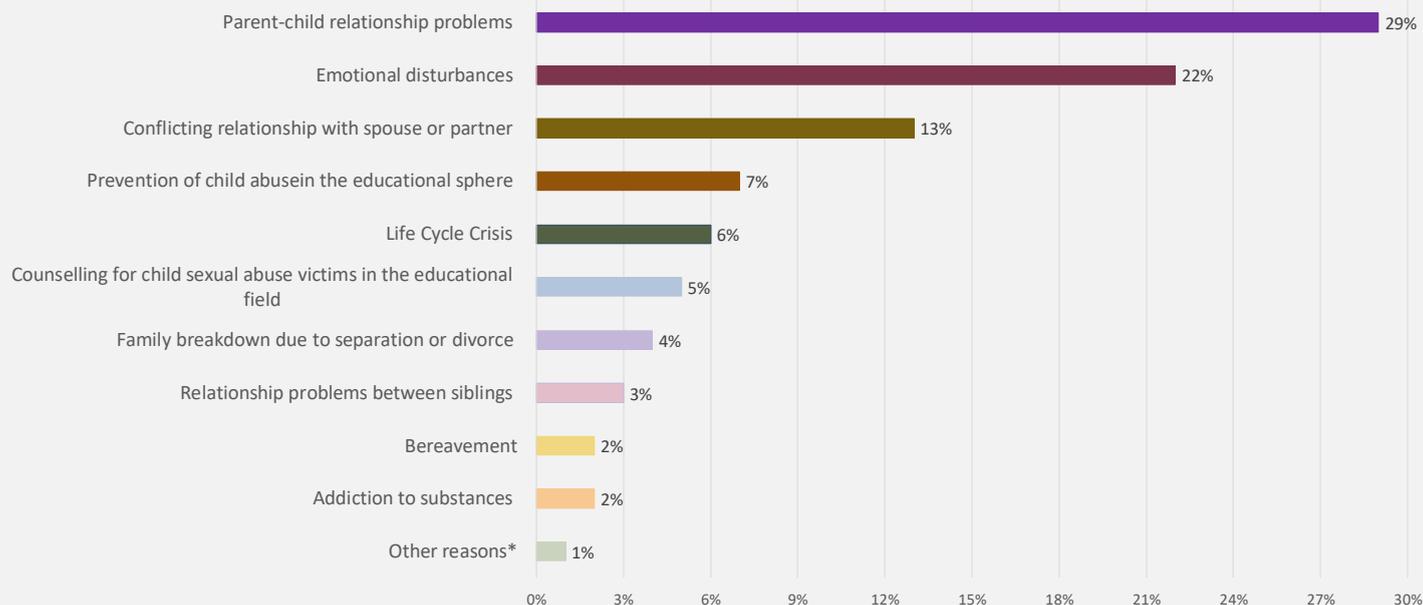
Age Range



### Type of advice requested



### Reasons for consultation on psychological issues (% of a total of 982 people assisted)



\* Other reasons: internet addictions, abuse, violence by spouse or partner, harassment (work, sexual, social media), pregnant without support, child-to-parent violence, dependency due to disability.

## Our Aim

To train people and families and create meeting spaces to support educational work. We offer parents, teachers, professionals, children and teenagers the tools to achieve an “emotional education”.

## How do we do it?

Through a network of professional monitors (psychologists, teachers, social educators...) with extensive experience in social intervention, who teach our programmes in person, and through our Virtual Classroom, with free access.

## III. Training and Programmes

### Where are we?

During 2018, the workshops were held in Aragón, Castilla La Mancha, Galicia, Madrid, Valencia and Murcia.



*“Educating Families” Programme, Madrid.*

# 9,988

people have benefited  
directly from our  
training programmes

1,466 parents  
8,459 children and teenagers  
48 Virtual Classroom pupils  
and  
15 trained instructors.



*Training instructors. Madrid*

## III. Training and Programmes

### Continuous Programmes

- Family Leisure
- Improving Cohabitation
- Raising a Family
- New Challenge
- Family with Emotions
- Teachers who are Grandparents

**2,684 direct beneficiaries**

### Programmes in Murcia

- Shared tutorials
- Tele Patio
- Prevention at community level through non-formal education

**7,241 direct beneficiaries**

### Virtual Classroom

- Basic concepts in violence prevention
- Support for developing self-esteem
- Control such as limit setting and its consequences
- Communication: the key to understanding and respecting each other
- Family co-responsibility
- Family and developing healthy habits

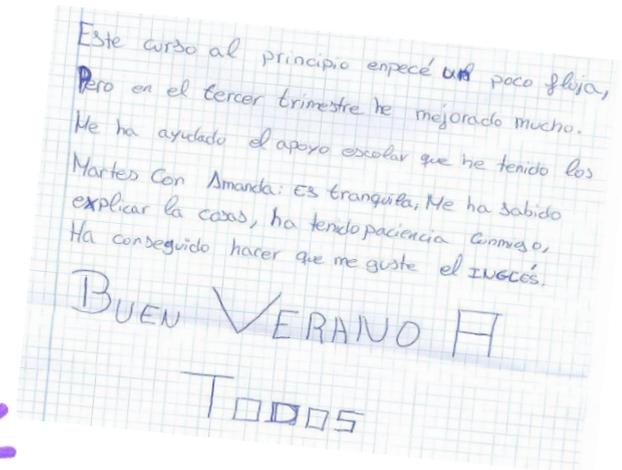
**48 direct beneficiaries**

## IV. Volunteering

### Our Aim

To offer support to **children, elderly people, immigrants and people in vulnerable situations**, according to their specific needs.

### Acknowledgements



### How do we do it?

We integrate the most suitable **volunteers for each task**, giving them the necessary training and monitoring:

- To look after **children under guardianship** in an integral way
- To help alleviate the loneliness of **elderly people**
- To teach **immigrants** to read and write

### Where are we?

Our volunteers collaborate in:

- **9 children's homes** in Madrid, Leganés, Vallecas, Móstoles and Pozuelo.
- **Elderly Care Homes** "Nuestra Señora de Montserrat" in Madrid.
- The **Dolores Sopeña de Vallecas Foundation**.



## 250

children and adults  
accompanied by our  
volunteers in 2018

## 86

volunteers have  
performed tasks such  
as extra support classes  
and accompaniment,  
helping to prevent  
absenteeism and  
leaving school early.

## IV. Volunteering

### Great commitment of our volunteers:

- 80% of our volunteers have been collaborating with the Family Action Foundation for more than three years.
- 250 people have asked us for information about our volunteer programmes throughout the year and 25 new volunteers have joined.

The satisfaction from residences we collaborate with, about the work of our volunteers with children, has been very high, according to the surveys carried out.

*"I want to express the gratitude of the Central Team for your quiet and constant work. In spite of all their difficulties, some of them managed to get good grades!"*



## Charitable Activities

- One more year and thanks to the support of **Société Générale**, as part of its solidarity initiatives, we attended their **traditional "Feast of Kings"**, where several children fulfilled their big dream of meeting them and delivering their letter personally.
- On 26th September, we witnessed the **delivery of the contributions that Sabadell Urquijo Private Banking** has been making for years to different social projects, most of which are focused on covering risks of social exclusion. In our case, the contribution has been **allocated to the socio-educational project in children's homes in Madrid.**

**Do you feel like contributing and want to participate in the improvement of other people?**

**Well, you are welcome! We will be delighted to have you with us.**

## IV. Volunteering



44,000  
visits to the website

476  
new followers on social media

LinkedIn

229  
Followers

2,088  
Views

12  
Updates



484  
Followers

609  
Mentions

3,567  
Visits to our profile

509  
Tweets

# Communication

We changed our logo...



“There can be no keener revelation of a society’s soul than the way in which it treats its **children.**”  
- Nelson Mandela -



“All **grown-ups** were once children... but only few of them remember it.”  
- Antoine de Saint-Exupéry -



“I can't think of any need in childhood as strong as the need for a **Father's** protection.”  
- Sigmund Freud -



Family  
Action  
Foundation

We **help each other**....

We **protect each other** ...

We **need each other** ...

# Collaborations

...because we believe that joining forces is the best way to work with and for the family, we seek and rely on entities that help us achieve our goals on behalf of families and each of their members.



In 2018, a **collaboration agreement was signed with the Comillas Pontifical University** for the development of research projects and the performance of knowledge transfer activities.



Collaborating with the **Dolores Sopena Foundation**, supporting our psychologists in the training and in the process of interviews for the employment integration of young people.



Integrating our work in state platforms - such as the **Children's Platform** - which brings together more than 65 entities working for children and families.



We continue to collaborate with **the Platform for Mobilisation of Alcohol and Minors** with the aim of influencing the change in legislation to address in a firm manner the problem of alcohol consumption by minors.



Since 2004, we have collaborated with the **Complutense University of Madrid** through the Family Policy Research Group to carry out studies and research.

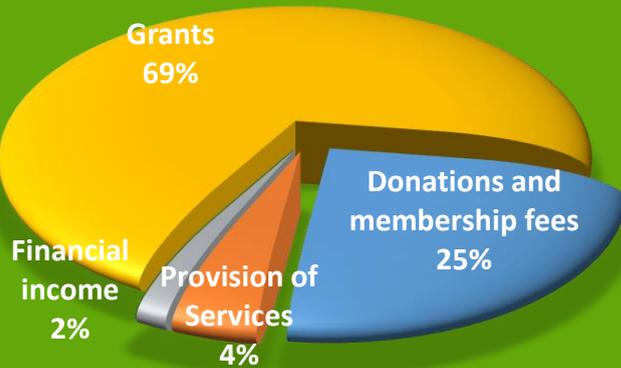


"Connecting generations", the project constituted by **the INTEGRA+ group** thanks to the Solidarity Talent Challenge programme by the Botín Foundation.

# Accountability

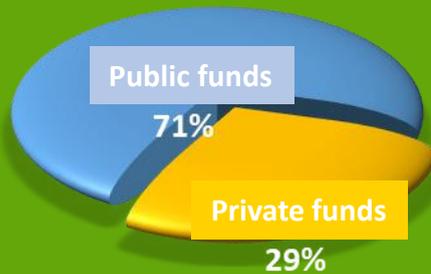
## Source of funds

INCOME 2018: €345,619



## Allocation of funds

EXPENDITURE 2018: €405,931



Our accounts are audited annually and can be found [on our website](#).

# Funders

## Public funders



The Ministry of Health, Consumer Affairs and Social Welfare



Government Delegation for the National Drugs Plan



Community of Madrid, the Directorate General for the Family and Minors.



Region of Murcia, Department of Family and Equal Opportunities



Cartagena City Hall: Youth Council



Cartagena City Hall: Department of Social Services



City Council of Madrid

## Private funders



Botín Foundation



Google for Nonprofits



"La Caixa" Foundation



Deloitte Foundation



Enrique Esteve Balet Foundation



Orona



Sabadell Urquijo Private Banking



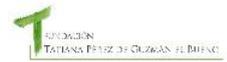
Société Générale

# Collaborating entities 2018

## Collaborators



Ignacio Gil - Antuñano  
Vizcaino  
Notario





# Family Action Association 1978-2018

línea del tiempo de ACCIÓN FAMILIAR

Nuestra historia a lo largo de 40 años (1978 - 2018)



2018

40 años  
1978-2018



**40 Years**  
**1978-2018**



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**40 años**  
1978-2018

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